

LIGHTNING PROCESS™ SEMINAR

APPLICATION FORM & NOTES

Am I ready to take the training?

Please read Phil Parker's book "An Introduction to the Lightning Process", which is available from the Lightning Process website www.lightningprocess.com

It is important that you read this before completing this form; it will help you to decide if you are ready. Once you have read the book please fill in the form and send it on to us.

After we have received your completed form we will phone you for a further assessment to make sure that you are ready to take the training right now.

The Lightning Process™ is a training program. Our experience is that if people apply the lessons of the Lightning Process™ to their lives they can start to change old patterns of thinking which in turn influence their health and happiness.

With any training program the trainer can only take responsibility for training and coaching to the best of their ability, then the student must apply the lessons for himself or herself. If the student doesn't apply the training, then they will naturally see very little benefit. We recommend that you think long and hard before taking this training, does it sound like something that appeals to you, and makes sense to you, something you can commit yourself to?

If you feel doubtful, cynical or just want to give it a go to see what happens, then now is probably not the right time for you- wait until you feel that way, ask others who have done the process, see what else is available or you will probably be wasting your time and money.

How the training is conducted.

Much will be demanded from you over the three days of the seminar, but if you take on the challenge, which your trainer will assess you for in terms of your readiness, the rewards are extraordinary.

Your trainer has a very demanding role during the seminars. They have to not only present the material but also manage and assist you as you go through that very challenging process.

There are certain ground rules and understandings that will make the training easier for you and them.

Your trainer is completely committed to your success, as a result;

- They won't tolerate any behaviour that prevents you getting the success that you deserve.
- They will deliver no-nonsense, honest and essential feedback; do not mistake this as not caring.
- They will not always say what you want to hear.
- If what you are doing is going to cost you your success they will tell you even if it risks you being annoyed with them.

That is how committed they are to you and your success.

Your role in the training.

You will need to fill in the training agreement which is included in the application form below.

PLEASE MAKE SURE YOU FILL IN ALL SECTIONS

Application form for the Lightning Process™ Seminar

1 : Agreement

Please read these statements, and if you agree with them please circle the AGREE word. We will not accept you onto the training program unless all the statements are agreed to. Our experience suggests you should only take the training if you agree to these statements:

I understand that the Lightning Process™ is a training programme. AGREE / DISAGREE

I understand that learning the Lightning Process™ does not guarantee me any results.
AGREE / DISAGREE

I accept full responsibility for the effects of applying or not applying this training program to my life. AGREE / DISAGREE

I recognise that the mind and body can powerfully influence each other.
AGREE / DISAGREE

I am prepared to look at and challenge my beliefs about my condition/illness, my health and myself. AGREE / DISAGREE

I am totally prepared to do the sometimes-challenging work of starting to think very differently that's required to get myself back on track. AGREE / DISAGREE

2 : Personal details

Full Name :

Name you wish to be called if different :

Address and Post Code :

Tel home :

Tel work :

Email :

Sex :

Date of Birth :

Occupation :

3 : History

What you hope to get from doing the course.

How would describe your problems/issues/illness- (include medical name/ diagnosis if relevant)?

When did your issues begin?

How did they start?

What effects has this had/how has this limited your life?

I know someone personally who's used the Lightning Process™ to recover their health.
YES / NO

4 : Future

When you have discovered a way to get well/ resolve your issues what will you put your energies into/what would you love to do with your life?

1:

2:

3:

4:

5:

6:

7:

8:

5 : Readiness

Overall, what score would you give yourself out of 10 for your belief that you can recover using the Lightning Process™ ? _____

Please score each of the following out of 10, where 10 means "I totally agree with this statement."

a) I want to resolve all my issues. _____

b) It is possible for me to resolve all my issues. _____

c) I am capable of learning how to resolve all my issues. _____

d) It is appropriate for me to resolve my issues and I am prepared to do what it takes to make those changes. _____

e) I am willing to change negative lifestyle patterns, thought processes and limiting beliefs. _____

f) I have the responsibility for resolving these issues and the power to do that. _____

g) I deserve to and am valuable enough to resolve my issues. _____

h) In terms of my issues and my ability to follow instructions, I am similar enough to all those others who have used the process to recover that I am bound to make the same kind of changes as them. _____

I am determined to be the next success story:

Yes / No / Maybe

6 : the "X" factor

Please write down a few sentences on what you feel is needed from YOU during the Lightning Process™ to get the changes that the others have achieved.

7 : Please select one answer.

a) If you are presented with information do you tend to accept things as they are rather than tending to question them? Yes / No / Other

b) "If others can get well using the process then so can I." - Do you agree? Yes / No / Other.....

c) My type of illness/issues (that I want to use the process on) are generally easily recoverable from.

It is definitely this way Maybe true for some I don't know Not true

d) My specific illness/issues are easy to resolve using the process.

It is definitely this way Maybe true for some I don't know Not true

e) My issues are different from other people's ones.

It is definitely true Maybe I don't know Not true

Pair the words on the left with just one on the right that has an opposite meaning:

Simple	Smooth
	Difficult
Short	Complex
	Soft
Rough	High
	Tall

Can you suggest any improvements to, or do you have any comments about, this form?

8 : Previous and multiple applications

Have you applied to take the training before? YES / NO

If yes, which trainer did you apply to? And when?

What has changed for you since applying to that trainer?

To process your application we will need to speak to that trainer about your case, please only send in the application form if you agree to this.

Please do not send in multiple applications to different practitioners.

9 : Payment details

Fees for the Lightning Process seminar with Michelle Clemons are £600.

Payment is by cheque or cash only. Please make cheques payable to Michelle Clemons.

Please send the payment with this form to:

Michelle Clemons, 5 Mt Pleasant Rd, London NW10 3EG

We will not cash the cheque until you have been booked into a course. If we decide that the course is not suitable for you at this point in time we will of course return your cheque.

Conditions of Payment

Once fees are paid, these cannot be refunded in the event of a cancellation on your part, or a failure to complete the training; this is because we run small group trainings with limited spaces; if you take up a space and then cancel, no one else will be able to fill it once the course starts. However, if you cancel at short notice and we are able to fill your space, your fees will be refunded in full.

We reserve the right to terminate your training if we feel your continued participation would be unhealthy or unhelpful for you or another member of the training group. Your fees will not be refunded in these circumstances.

Cancellation of seminars

On occasion unforeseen circumstances may make it necessary for us to cancel a seminar and accordingly Michelle Clemons reserves the right to cancel seminars where appropriate. In such circumstances you will be given as much notice as possible and Michelle Clemons will either refund the full seminar fee or, if you request, move the training to an alternative date. Liability for any losses incurred other than the seminar costs will not be accepted.

10 : Agreements

Please read the following and, if you agree to it, sign it.

I promise that during the training I will:

Deeply and honestly examine my beliefs

Be available for coaching at all times

Change anything that my trainer identifies as destructive

Be open to feedback of the trainer and my fellow trainees.

Recognise that I have blind spots that I don't even know I have

Signature.....

Date.....

Ownership

All documents you receive as part of your training constitute an intellectual property and are not to be reproduced, sold or distributed in any way.

If you agree to all of the above conditions in this document please fill in and sign the following declaration:

I....., understand and agree that once I pay my fees they cannot be refunded, that I understand the statements that I have agreed to and agree to adhere to the above conditions.

Signature.....

Date.....

Parents and Guardians

The following must be completed if you are less than 18 years old.

If you are less than 18 years please ask your parent or guardian to read through the form and if they also agree to the terms and conditions, for them to sign the form too.

Name.....

Signature.....

Relationship to applicant.....

Date.....

Certificate of attendance.

From August 2008 onwards, on completion of the course you will receive an attendance certificate from your trainer. We foresee that, over time, taking a Lightning Process training seminar will be considered a valuable component of an individual's life and work skills and the certificate will act as a reference to be presented to future employers as evidence of your LP training attendance.

To ensure this valuable certificate is accurate your trainer will log your name, certificate number and email address with the Lightning Process register (please see our Data Protection policy for details).

Data Protection policy.

The Register of the Lightning Process TM practitioners is registered with The Information Commissioners Office and all information is held in accordance with the Data Protection Act 1988. We will only use your details for our accounting and statistical purposes, to occasionally inform you of relevant developments in the Lightning Process and its associated programs or to ask you to complete questionnaires to ensure that you have received the high standard of care we expect from members of our register. Agreement to the processing of data is a condition of acceptance onto the training course and by applying for the training course you signify your agreement to this processing and use of your personal data.